

Lentil croutons

Cuisine: **Czech**
Food category: **Legumes**



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Program steps

1	 Steaming		 Termination by time	 00:30 hh:mm	 99 °C	 50 %	
2	 Hot air	 10 %	 Termination by time	 00:20 hh:mm	 160 °C	 90 %	

Ingredients - number of portions - 0		
Name	Value	Unit
dried brown lentils	0.5	kg
salt	20	g

Directions

We rinse the lentils and cook for approx. 20 minutes on steam mode. After cooking, drain the lentils, let them dry slightly, pour them on a baking sheet, add a little salt and let them bake until crisp. Stir the lentils during baking occasionally.